

Scottish Mental Health Service User Research Network

ABSTRACT FORM

The Scottish Mental Health Service User Research Network was launched in 2011 with the aim of promoting mental health service user research in Scotland through helping to develop partnerships with other organisations, build capacity amongst service user researchers and showcase examples of good practice in relation to mental health service user research.

Organisations or researchers are invited to submit an abstract of their research to the Network. Where submissions satisfy the criteria agreed by the Network for service user research, these will be published on the Voices Of eXperience (VoX) website at <http://www.voxscotland.org.uk>.

If you wish to submit a research abstract or have any questions please email Chris White at c.white.mentalhealth@gmail.com

Research Title:	The experiences of service users participating in a mental health arts and film festival and the implications for social work practice
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Author(s):	Morgan Garrett
Date:	2010

Details of User Involvement (50 words max): <i>(This should include brief details of the level of participation by services users in the following stages of the research: research design; implementation and data collection; data analysis; dissemination)</i>
Service users participated in focus groups, and a service user was involved as a collaborative researcher.

Research Rationale (50 words max): <i>(This should include brief details of the purpose of the research).</i>
The study aims to build on previous research to study the perceptions and experiences of service users participating in a mental health arts and film festival; to see what motivates people to participate and whether participation has an impact on recovery and ability to challenge stigma.

Method (75 words max): <i>(Brief explanation of research methods, participation, data collection, analysis etc.)</i>
This was a piece of collaborative research, involving a service user researcher. Focus groups were run along pre-decided key themes; identity, stigma, motivation for participation. The participants were service users, recruited through existing arts projects. Data was collected qualitatively, being recorded then transcribed.

Findings and Recommendations (150 words max): <i>(Please provide a brief overview of the main findings and recommendations)</i>
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Participating in the film festival had a positive impact on the participant's mental health. Participants didn't link this directly to recovery, but saw it had a beneficial impact on their wellbeing. Service users got involved for creative purposes, and defined themselves as artists, not as service users or people with mental health problems. This suggests that the festival can be empowering, and help with the creation of a positive identity. The involvement of service users in this research was important for credible responses

Dissemination Details (50 words max): *(This should include details of any events, journals etc. and how to obtain copies of the research)*
(project currently being made suitable for publication. Copies can be obtained from Neil Quinn, or the author)

Keywords: *(keywords aimed at identifying the research report in information systems and search engines)*
Mental health service user arts and film festival Glasgow stigma identity artists

Link to full research paper: (to be published soon, not yet available online)

Contact Email: morgan.garrett@strath.ac.uk

Are you happy for this email address to be published? Yes No

Telephone Number

Are you happy for this number to be publicised? Yes No

Completed forms should be returned to: Chris White at c.white.mentalhealth@gmail.com

Thank You